

RONDEBOSCH UNITED CHURCH

Creating Circles of Dignity



Clarke

Peter

RUC NEWSLETTER

Cape Town, Sunday 5 July 2026

Sunday Service

No Holy Circus (Sunday School) During School Holidays

9:30am to 10:45am

liturgy: Chris Voysey

preacher: Don Shay

Robert is on leave until 19 July.

For pastoral emergencies please contact:

Fiona McLennan - fionamclennan13@gmail.com

Glynis Goyns - glynis.goyns@gmail.com

or Heidi Segal - heidisegal7@gmail.com



UPCSA Statement

on Social Cohesion, Human Dignity,
and a Day of Prayer

Statement



Please click below for our online sermons archive.
Online sermons will resume Sunday 26 July 2026

Online Sermons



SAVE THE DATE

Cape Town Concert Brass at RUC
Friday 28 August 7pm

UPDATE ON BELMONT SQUARE PARKING

Please note, we no longer have access to Belmont Square parking.
The new church using the conference centre
requires all available parking spaces.
Please park on Erin Road, Fir Road, Gatley Road behind church hall,
or in the parking lot close to the station. We are very sorry for the
inconvenience.



RUC Youth

MOVIE

NIGHT



10
July

18:30 - 21:00

All high schoolers welcome!
Snacks provided, dress comfy,
bring blankets and pillows

★ RSVP Megan (061 831 2900) by 5 July ★

📍 Rondebosch United Church, small room



ACCOMODATION APPEAL

For a friend of mine- an inspired convenor of poetry sessions and mountain nature-walks, a keen vegetable gardener and currently the interim-manager of an arts and environment organisation he co-founded 19 years ago, with the prospect of this becoming a permanent post.

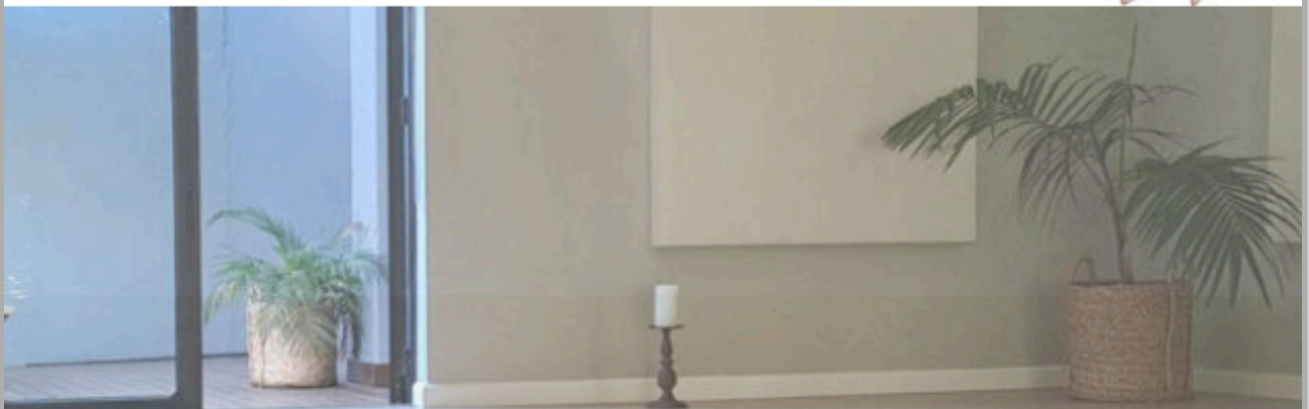
To enable him to continue with these positive initiatives from which so many benefit, he urgently needs a place to live; ideally a separate-entrance, back-yard room, with shower-toilet, at a rental, within his means, perhaps partly on a quid pro quo basis. He owns a small bakkie which could be of use. Open to negotiation.

I look forward to good news.

Mary Edwards

Whatsapp: 0715525345

Email: maryedwards69@gmail.com





RECLAIM YOUR CENTER AND JOY

ERIKA LENCSES - SUBCONSCIOUS SPECIALIST

Step away from the weight of holding it all together for a restorative morning at The Center in Noordhoek. Through breathwork and subconscious work, you will release exhaustion and restore emotional balance. Leave reconnected and equipped with practical tools to navigate daily life with greater calm, clarity, and joy.



11 JULY 2026

THE CENTER NOORDHOEK

08:30 FOR 09:00 - 12:00

www.leeltherapy.org

CLICK OR SCAN FOR MORE INFO



Sermon Discussion Group

Please join us if you enjoy being in conversation with others about Sunday's sermon.

Everyone brings their own questions, interests, and stories to the discussion. And together we hope to make meaningful connections to our daily lives.

Every second Tuesday of the month at someone's home.

-Facilitated by Beryl Botman

Every third Sunday of the month after the service in the upstairs room of our church hall.

-Facilitated by Barbara Centurier-Harris.

If you wish to join, please contact Beryl at beryl.botman60@gmail.com



Yoga Classes at RUC

Mondays at 6:30pm in the Church Hall.

Please contact Erika, if you would like to join: lencses.e@gmail.com



Graphic Prints by Peter Clarke



HEAR HOLD LOVE ENFOLD

Gail Anders and family, Wendy Cheek, Jennifer Roeleveld, Christine Snyders, Alastair Rodger, Margaret Reid, Douglas Bax, and Chris Rodseth.

Rondebosch Police Station, SmilingOne, Outliers, U-Turn, "Grow Great" Campaign, Masazane Soup Kitchen, and Thembi's Soup Kitchen.

TABLE OF REMEMBRANCE IN
JULY

1st Eve Mills; 6th Koos van Niekerk;
7th

Hilda Scott- Millar; 9th Nokusapho
Mtshikwana and Carl de Kocker;
11th

Edwina Alborough; 15th Pam Jeary.
16th

Joanne Krummeck; 18th Darwin
Kemp;

19th Brenda Vellage; 20th Aileen de
Groot; 23rd Richard Moth; 24th
Ingrid

Walls; 28th Genevieve Pienaar;
30th Pat
Holbery.





HAPPY RETURNS IN JULY

Kindly let us know if your birthday is not listed.

2nd Lynne Pretorius; 6th Charissa Shay,

Lucy Selokoma, Annwen Bates, Happiness Tembela; 8th Omphile Harrison-Saayman and Tamarin Philport; 12th Roy Kempster and

Ian

Beere; 13th Cassidy Faught; 15th Luca

Steiner; 16th Luke Hirst and Franz Siebrits; 17th Natalie Leon; 21st Joshua

Gaunt; 23rd Cheryl Hewson; 25th Isobel

de Gruchy and Neil Robertson; 27th Michele Kendall, Ross Metcalfe, Florence

Wanjama, and Jeanette Loedoff; 30th

Susanna Fox; 31st Flower Nduwimana.

ANNIVERSARIES IN JULY

Please email us, if you would like to add a special anniversary.

Carl and Pat de Koker 1st July (1968); 3rd July Carolyn and Alastair Rodger (1971).



LGBT+ NETWORK AT RUC: IN@RUC

Please go to our website for more information:

<https://www.rondeboschunited.org/lgbt-network-at-ruc>

WEEKLY DISCUSSION GROUPS ON ZOOM

For more information please go to our website:

<https://www.rondeboschunited.org/weekly-bible-studies>

MONTHLY LIESBEEK RIVER CLEAN-UPS

For more information please go to our website:

<https://www.rondeboschunited.org/liesbeek-river-clean-up>



RUC CONTACT DETAILS

Facility Manager: Vulisango Mtshikwana vmtshikwana@gmail.com or 078 290 4305
Church Minister, Website, and Newsletter: Robert Steiner rpsteiner@icloud.com or
082 485 9874

Music Director and Organist: Willem Luitingh 082 840 0644

Church Emails and Hall Rentals: Kate Laburn Peart kate@rondeboschunited.org

Pledge Scheme Secretary and Databank Administration: Marie
Iversen iversenmarie@yahoo.com

Property Steward: Jacques Matthee jacques.matthee51@gmail.com

Treasurer: Roy Kempster royk@unibase.co.za

Church Council Secretary: Heidi Segal heidisegal7@gmail.com

Child Safeguarding Officer: Michelle Kempster michelle@kempster.co.za



Snap here to pay

 SnapScan

BANKING DETAILS

Rondebosch United Church

First National Bank

Branch Rondebosch

Branch No: 201 509

Account No: 501 715 56 119

Swift Code: FIRNZAJJ

Auf Social Media teilen



Check out our site 