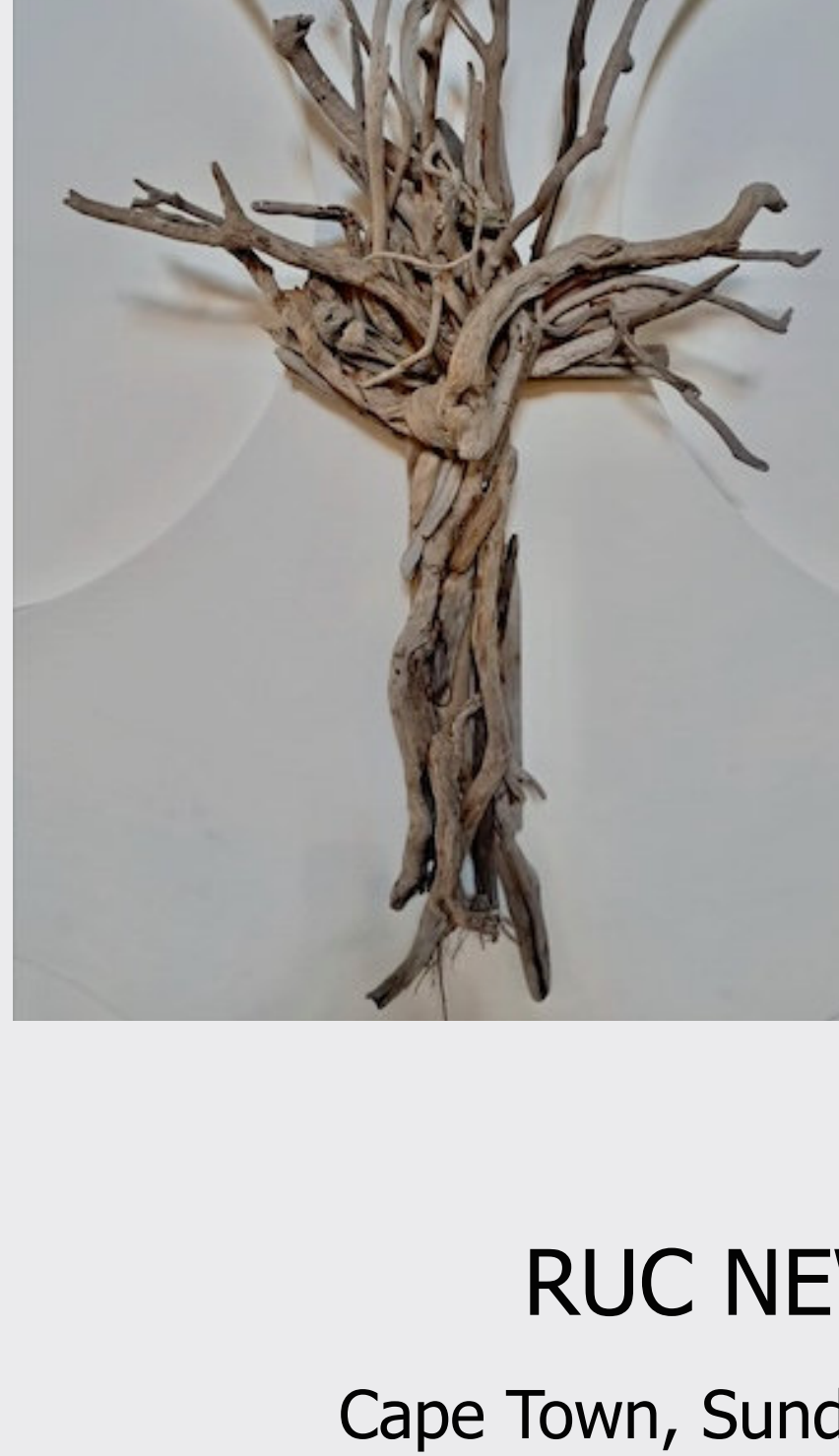


RONDEBOSCH UNITED CHURCH

Creating Circles of Dignity



"Whoever wants to be my disciple must deny themselves, take up their cross, and follow me."

-Mark 8:34b

RUC NEWSLETTER

Cape Town, Sunday 15 February 2026

Sunday Service

9:30am to 10:45am

Marking the Beginning of Lent

with setting up our driftwood cross,
the blessing for the brokenhearted
and the sign of the cross with ashes

Liturgy: Robert Steiner

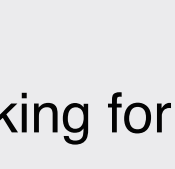
Sermon: Prof Ralf Wüstenberg

with Holy Circus (Sunday School)

Please diarise:

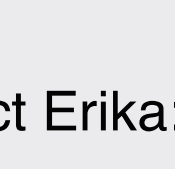
Sunday 22 March 2025

AGM of RUC and Samaritan Partners Fund Association



Please click below for last week's online sermon.

Let the dead bury the dead?

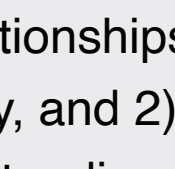


ACCOMMODATION FOR ERIKA LENCSES

Hi fellow RUC members! I'm looking for a quiet 1+ bedroom apartment or cottage (not a bachelor) in the Southern Suburbs (Rondebosch, Newlands, Claremont preferred) or CBD from end of March.

As I work from home, a peaceful spot with Fibre, secure parking, and a balcony/garden for my bicycle would be ideal for a long-term lease. I am flexible with furniture. If you have any leads, I'd be so grateful!

Please contact Erika: 076 9295 990



RUC TO HOST HOMESTAYS

We will be hosting an Intercultural Learning Trip team visiting Cape Town from Surrey Christian School, BC, Canada from 22 - 29 March 2026. The group is made up of 11 students (15 - 18y; 8 female, 3 male) and 3 adult chaperones (2 female, 1 male).

"The purpose of the trip is 1) to provide these young people with opportunities to enter into mutually enriching relationships with host communities, receiving hospitality and wisdom with humility, and 2) to provide a transformative learning experience that broadens understanding of faith, culture, justice, and global citizenship.

Homestays allow students to move beyond observation into relationship—to listen deeply, experience hospitality, and recognize God's presence in everyday life. We recognize that opening one's home is an act of generosity and trust." Idelette McVicker, Team Leader.

What is requested from hosts?

- 7 nights accommodation (for up to 3 persons)
 - lite breakfast
 - transport to RUC each morning
- South African hospitality as only we know how :)

As a global citizen with a heart for justice, and with Canadian-South African children, I am excited to be part of this initiative. If you're interested or need more info, please email at heidisegal7@gmail.com





UNIVERSITY OF CAPE TOWN
YUNIBESITHI YASEKAPA - UNIVERSITEIT VAN KAAPSTAD

CAPE TOWN CONCERT BRASS

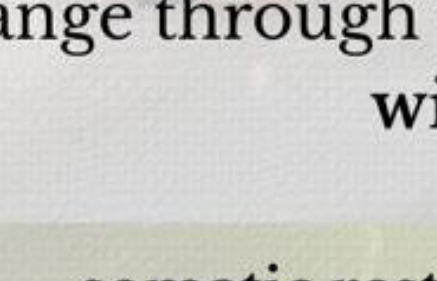
CONDUCTED BY
FRANK MALLOWS

**Friday
27 February
2026 | 7pm**

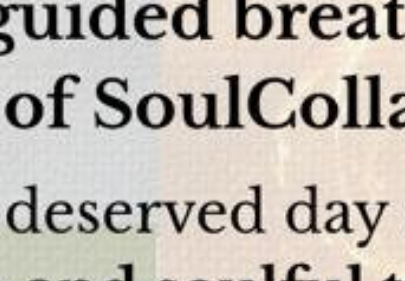
BAXTER CONCERT HALL



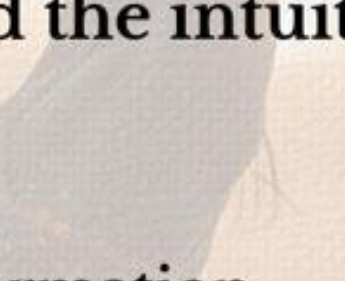
**Bursary
Fundraising
Concert**



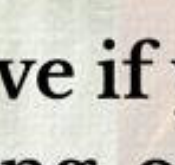
THE BAXTER



web tickets
available on **ClicknBuy**



SACM
SOUTH AFRICAN COLLEGE OF MUSIC



Centre • Balance • Stretch: An Embodied Immersion WORKSHOP

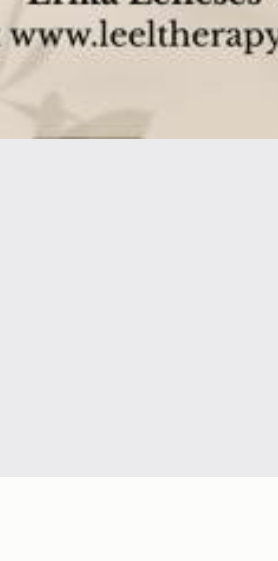
Transform the tension of daily life into a purposeful vision for your future, anchored by restorative somatic change through yoga, guided breath, and the intuitive wisdom of SoulCollage®.

A well-deserved day of
somatic restoration and soulful transformation.
An invitation to gently reset your inner balance and reclaim your centre, leaving you with a clear sense of direction and a nourished spirit.

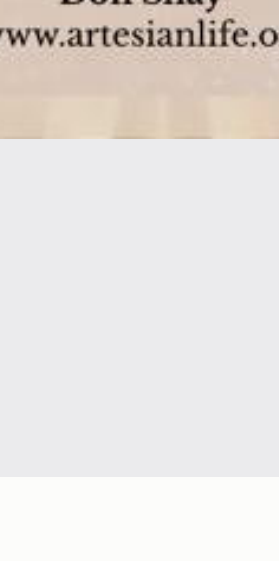
Especially supportive if you're in a season of transition, questioning, or unseen exhaustion beneath a capable exterior.

Date: Saturday, 14 March 2026 **Time:** 08:30 for 09:00 – 16:30
Venue: The Barn at Schoenstatt Retreat Centre, Constantia
Cost: R1,450 per person (Includes tea, light snack & all materials)

To Register: Don Shay – 072 160 0277 / don@artesianlife.org
Spaces are limited.



Erika Lencses
visit www.lciththerapy.com



Don Shay
www.artesianlife.org





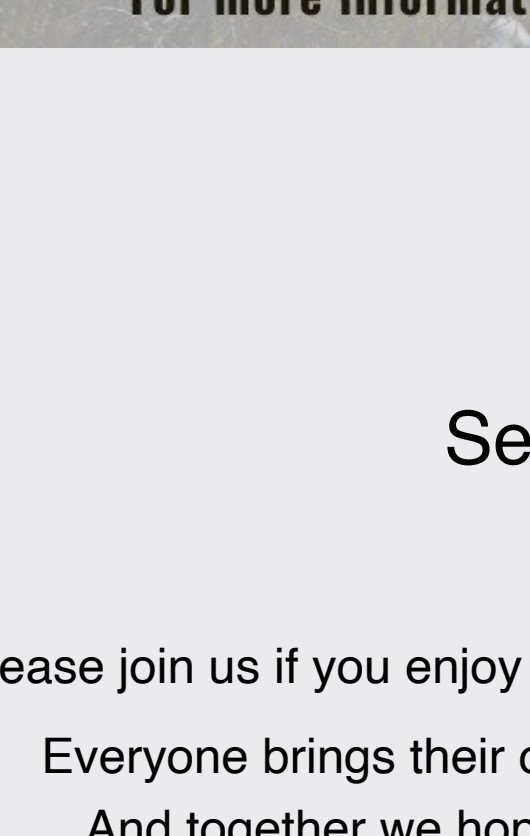
CREATION CARE WEEKEND AWAY

“Creation Care is the responsibility given by God to tend, keep, and delight in the natural world, honouring creation as God's handiwork and seeking the flourishing of all life.”

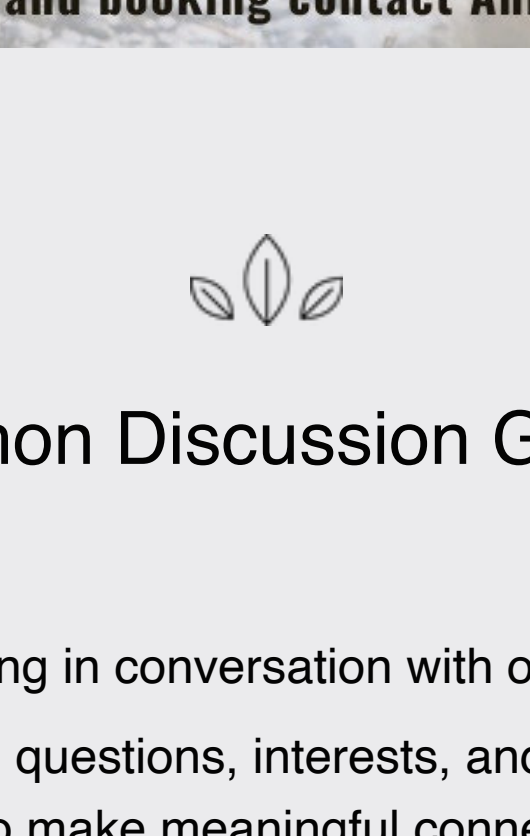
27-29 March 2026

R1250 per person sharing (students **R900**), including accommodation, with bedding and towels, meals, talks and story-sharing, a guided hike and alien hack, and church in creation.

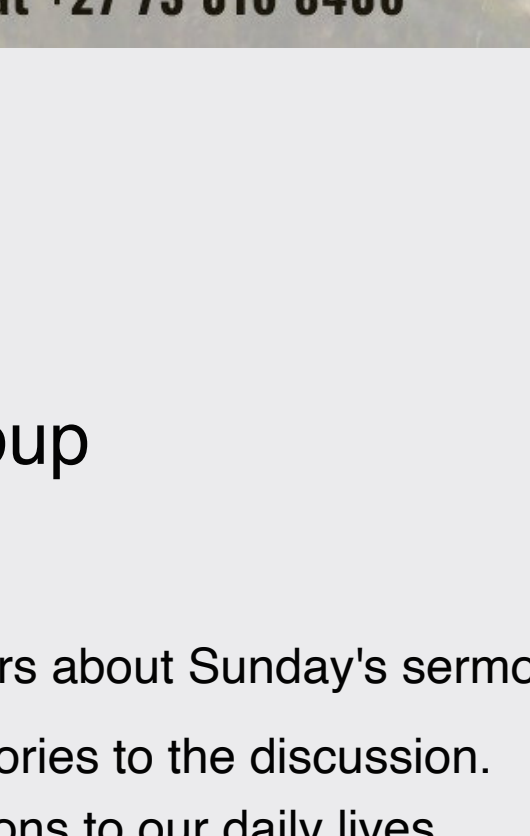
Phillipstown Mountain Reserve, Stanford Hills Road, Stanford, 7210



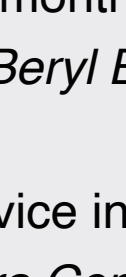
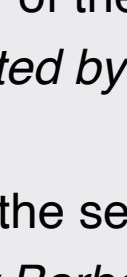
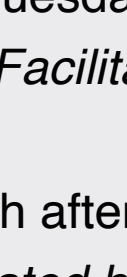
Biblical reflection



Practical involvement



Meet nature lovers



For more information and booking contact Anna at +27 73 016 8406



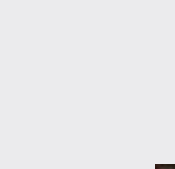
Sermon Discussion Group

Please join us if you enjoy being in conversation with others about Sunday's sermon.
Everyone brings their own questions, interests, and stories to the discussion.
And together we hope to make meaningful connections to our daily lives.

Every second Tuesday of the month at someone's home.
-Facilitated by Beryl Botman

Every third Sunday of the month after the service in the upstairs room of our church hall.
-Facilitated by Barbara Centurier-Harris.

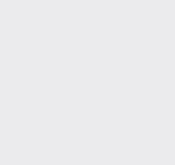
If you wish to join, please contact Beryl at beryl.botman60@gmail.com



Yoga Classes at RUC

Mondays at 6:30pm in the Church Hall.

Please contact Erika, if you would like to join: lencses.e@gmail.com



Graphic Prints by Peter Clarke



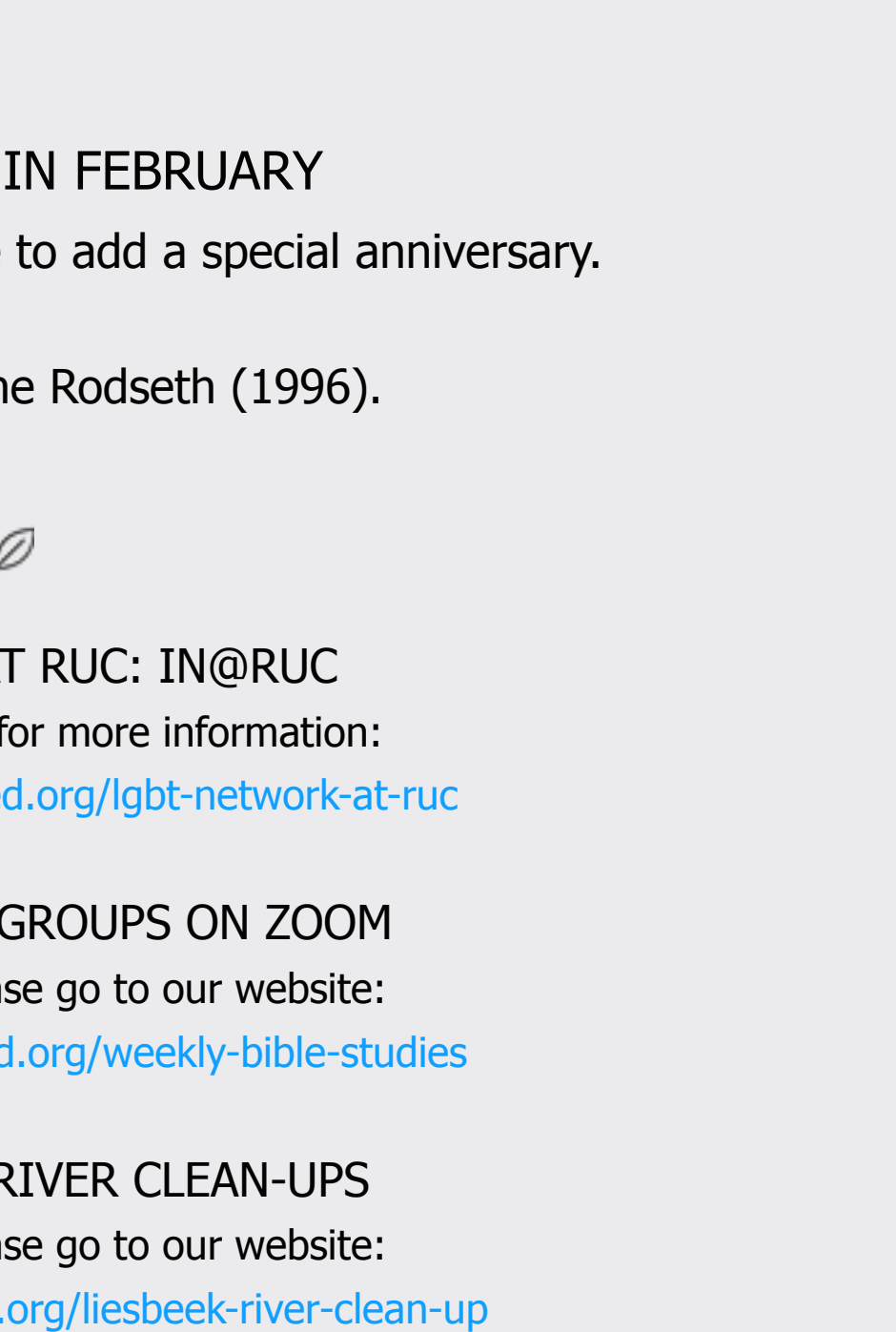
HEAR HOLD LOVE ENFOLD

The Cooke Family, Jennifer Roeleveld, Walter Muloiwa, Kenny Holness, Margaret Reid, Roy and Wendy Cheek, Douglas Bax, and Chris Rodseth.

Rondebosch Police Station, SmilingOne, Outliers, U-Turn, "Grow Great" Campaign, Masazane Soup Kitchen, and Thembi's Soup Kitchen.

TABLE OF REMEMBRANCE IN FEBRUARY

1st Russell Packery; 2nd Des Adendorff and Gwendlyn Nyschems; 5th Wolfgang Steiner; 11th Philip Schmidt and Michael de Kock; 14th Michael van Breda; 16th Margaret Donaldson; 18th Theresa van den Heever; 22nd Dave Wanless; 24th Julian Cooke.



HAPPY RETURNS IN FEBRUARY

Kindly let us know if your birthday is not listed.

1st Pat de Koker; 2nd Michelle Foulkes; 3rd Kathrin Krause; 10th Wendy Cheek; 11th Robert Steiner; 13th Christine Rodseth; 15th Alyssa Harrison; 18th Arend de Boer, Daniel Falls and Clive Levitt; 19th Karen Mostert; 21st Mary van Selm and Colleen Wilson; 22nd Lisa Swanepoel; 23rd Henry Du Plessis; 26th Pamela Scott; 28th Michael Krause.

ANNIVERSARIES IN FEBRUARY

Please email us, if you would like to add a special anniversary.

25th Chris and Christine Rodseth (1996).



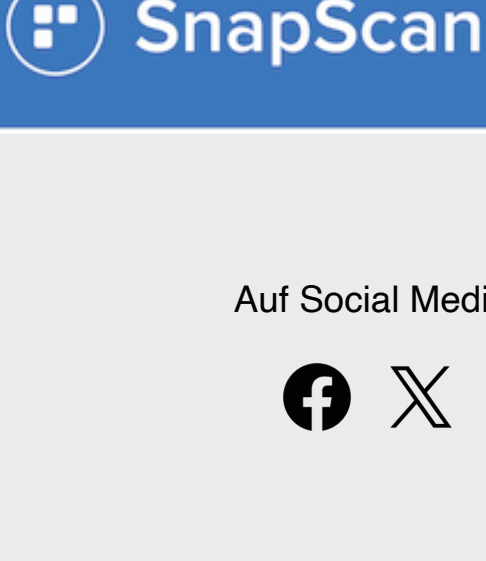
LGBT+ NETWORK AT RUC: IN@RUC
Please go to our website for more information:
<https://www.rondeboschunited.org/lgbt-network-at-ruc>

WEEKLY DISCUSSION GROUPS ON ZOOM
For more information please go to our website:
<https://www.rondeboschunited.org/weekly-bible-studies>

MONTHLY LIESBEEK RIVER CLEAN-UPS
For more information please go to our website:
<https://www.rondeboschunited.org/liesbeek-river-clean-up>

RUC CONTACT DETAILS

Facility Manager: Vulisango Mthshikwana vmthshikwana@gmail.com or 078 290 4305
Church Minister, Website, and Newsletter: Robert Steiner rpsteiner@icloud.com or 082 485 9874
Music Director and Organist: Willem Luitingh 082 840 0644
Church Emails and Hall Rentals: Kate Laburn Peart kate@rondeboschunited.org
Pledge Scheme Secretary and Databank Administration: Marie Iversen iversenmarie@yahoo.com
Property Trustee: Jacques Matthee jacques.matthee51@gmail.com
Treasurer: Roy Kempster royk@unibase.co.za
Church Council Secretary: Heidi Segal heidisegal7@gmail.com
Child Safeguarding Officer: Michelle Kempster michelle@kempster.co.za



Snap here to pay



BANKING DETAILS

Rondebosch United Church
First National Bank
Branch Rondebosch
Branch No: 201 509
Account No: 501 715 56 119
Swift Code: FIRNZAJJ

Auf Social Media teilen

Check out our site

