

# RONDEBOSCH UNITED CHURCH

## Creating Circles of Dignity



Edvard Munch, The Voice (1893)

You Are  
Not Alone

## RUC NEWSLETTER

Cape Town, Sunday 2 August 2026

Sunday Service with Holy Communion

with Holy Circus (Sunday School)

9:30am to 10:45am



Please click below for this week's online sermon.

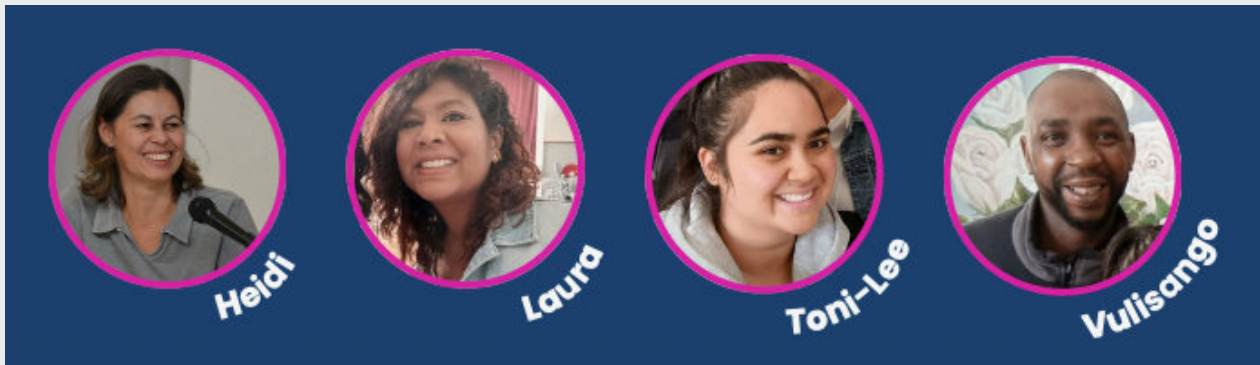
You Are Not Alone



## PEACEFUL FAMILIES

This week the Holy Circus are exploring the importance of peaceful families where children feel safely nurtured. Here is a resource that adults can read.

Non-Violent Parenting  
& Faith





# Outliers

## Annual Report

### FY2026

[Click here for report!](#)

#### From the chairperson's report:

"Thanks to you, we provided communities of care, quality education, nutrition, wellbeing, and skills development to 6500 children in under-resourced communities across Cape Town. These learners, their families, and communities, have hope for a brighter future and a pathway out of poverty."



PERFORMING A VARIETY OF LIGHT CLASSICAL  
AND POPULAR TUNES

# CAPE TOWN



# TOWN CONCERT BRASS



FRIDAY 28 AUGUST AT 7PM

RONDEBOSCH UNITED CHURCH  
18 BELMONT ROAD, RONDEBOSCH

TICKETS R150 ADULTS / R50 STUDENTS  
TICKET SALES AT THE DOOR

Ticket sales also at the door after Sunday services in August.



## RUC Creation Care Thrift Stall Sunday 11 October 2026

The Creation Care team is calling for donations of gently used second hand items for our thrift stall. If you have any, please bring to church with you on Sundays and drop in the donation box available from next week. Please ensure items are washed, in good condition.

Accessories also welcome but no undergarments please. Thank you! Please speak to Amy Irlam for more information.



## isiXhosa Singing for Joy with Monwabisi

Please join us every first and third  
Wednesday of the month  
from 7pm to 8pm in our church  
sanctuary.

We start in August.

Fees are R200 per month, or R120 per session. Please message Monwabisi if you would like to be added to the WhatsApp group: 071 250 0586



# Stabat Mater

by Karl Jenkins

Cape Town City Hall  
Tues: 18 August 2026  
Wed: 19 August 2026  
7 pm

*Soloist - Minette du Toit-Pearce*  
**Conducted by Levi Alexander**



**Tickets from Quicket**  
*In collaboration with*





**BOOK NOW!  
ONLY 30  
SEATS**

**STORIES FOR GOOD**  
**TRUE LIVE STORYTELLING**  
FIVE STORYTELLERS. ONE IMPACTFUL AFTERNOON

**“BELONGING”**

STORIES ABOUT FINDING YOUR PLACE, LOSING IT,  
BEING WELCOMED IN OR STANDING ON THE OUTSIDE

**SUNDAY,  
SEPTEMBER  
6  
2 PM - 5 PM**

**TICKETS R250 INCL WINE AND SNACKS**  
[quicket.co.za/events/386946-stories-for-good-belonging](https://quicket.co.za/events/386946-stories-for-good-belonging)

**STUDIO 23. MONTEBELLO DESIGN CENTER**  
**31 NEWLANDS AVE, NEWLANDS**



**SCAN TO BOOK**

**SHARE YOUR TRUE STORY  
ABOUT BELONGING**

Submit by August 20 - select free  
“storyteller” ticket on quicket or  
whatsapp Rowen - 076 460 2987  
for more info



Proceeds go to U-turn - helping people leave homelessness  
through practical support, rehabilitation and skills .



## Sermon Discussion Group

Please join us if you enjoy being in conversation with others about Sunday's sermon.

Everyone brings their own questions, interests, and stories to the discussion. And together we hope to make meaningful connections to our daily lives.

Every second Tuesday of the month at someone's home.

*-Facilitated by Beryl Botman*

Every third Sunday of the month after the service in the upstairs room of our church hall.

*-Facilitated by Barbara Centurier-Harris.*

If you wish to join, please contact Beryl at [beryl.botman60@gmail.com](mailto:beryl.botman60@gmail.com)



## Yoga Classes at RUC

Mondays at 6:30pm in the Church Hall.

Please contact Erika, if you would like to join: [lencses.e@gmail.com](mailto:lencses.e@gmail.com)



Graphic Prints by Peter Clarke



## HEAR HOLD LOVE ENFOLD

Alastair Rodger, Lyne McLennan,  
Wendy Cheek, Jennifer Roeleveld,  
Christine Snyders, Margaret Reid,  
Douglas Bax, and Chris Rodseth.

Rondebosch Police Station,  
SmilingOne, Outliers, U-Turn,  
"Grow Great" Campaign, Masazane  
Soup Kitchen, and Thembi's Soup  
Kitchen.

## TABLE OF REMEMBRANCE IN AUGUST

1st Ronel and Kristian Falls; 16th  
Gavin  
Lloyd; 20th Chris Loedolff and Pat  
Collis;  
30th Ronald Low.





## HAPPY RETURNS IN AUGUST

Kindly let us know if your birthday is not listed.

2nd Clive Warner; 3rd Donaville  
Nduwimana and Ross Metcalfe; 4th  
Sharon George; 6th Jean  
van Willingh; 7th Lucky Levitt; 8th  
Daniel

Adams and Moira Irlam; 9th Kume  
Muloiwa; 10th Timothy Gaunt and  
Cynthia Ndayizeye; 13th Lydia van  
Niekerk; 16th Paul Duff and  
Lawrence Williams; 17th Geraldine  
McPherson and George Kane-  
Smith; 20th Victoria Baranyizigiye  
and

Carolyn Rodger; 21st Erin Chase;  
24th

Farouk McPherson, Lizzy Malaka,  
and

Faustin Ndayizeye; 26th Carolyn  
Butler;

27th Melanie Murugen; 28th  
Howard

Pearce; 29th Nicholas Baigrie.

## ANNIVERSARIES IN AUGUST

Please email us, if you would like to add a special anniversary.

10th Heidi Segal and Darroch Faught; 24th Judy and Julian Cooke  
(1963).



### LGBT+ NETWORK AT RUC: IN@RUC

Please go to our website for more information:

<https://www.rondeboschunited.org/lgbt-network-at-ruc>

### WEEKLY DISCUSSION GROUPS ON ZOOM

For more information please go to our website:

<https://www.rondeboschunited.org/weekly-bible-studies>

### MONTHLY LIESBEEK RIVER CLEAN-UPS

For more information please go to our website:

<https://www.rondeboschunited.org/liesbeek-river-clean-up>



## RUC CONTACT DETAILS

Facility Manager: Vulisango Mtshikwana [vmtshikwana@gmail.com](mailto:vmtshikwana@gmail.com) or 078 290 4305

Church Minister, Website, and Newsletter: Robert Steiner [rpsteiner@icloud.com](mailto:rpsteiner@icloud.com) or  
082 485 9874

Music Director and Organist: Willem Luitingh 082 840 0644

Church Emails and Hall Rentals: Kate Laburn Peart [kate@rondeboschunited.org](mailto:kate@rondeboschunited.org)

Pledge Scheme Secretary and Databank Administration: Marie  
Iversen [iversenmarie@yahoo.com](mailto:iversenmarie@yahoo.com)

Property Steward: Jacques Matthee [jacques.matthee51@gmail.com](mailto:jacques.matthee51@gmail.com)

Treasurer: Roy Kempster [royk@unibase.co.za](mailto:royk@unibase.co.za)

Church Council Secretary: Heidi Segal [heidisegal7@gmail.com](mailto:heidisegal7@gmail.com)

Child Safeguarding Officer: Michelle Kempster [michelle@kempster.co.za](mailto:michelle@kempster.co.za)



Snap here to pay



## BANKING DETAILS

Rondebosch United Church

First National Bank

Branch Rondebosch

Branch No: 201 509

Account No: 501 715 56 119

Swift Code: FIRNZAJJ

Auf Social Media teilen



Check out our site 