

RONDEBOSCH UNITED CHURCH

Creating Circles of Dignity



Gerhard Richter

RUC NEWSLETTER

Cape Town, Sunday 7 December 2025

Second Advent & 16 Days of Activism for
No Violence Against Women and Children

9:30am to 10:45am

Holy Circus (Sunday School)
with jugglers, magicians, and lion tamers



Please click below for this week's online sermon.

Sexual Violence And The Bible



RUC & Outliers

Outliers is one of RUC's partner organisations. Their headquarters is in one of RUC's office rooms. We are very proud of the incredible work of Heidi and Laura, reaching thousands of pupils with their tutors and after-school-programs.

I would like to encourage you to support their BACK-TO-SCHOOL stationery drive generously.

Warmest, Robert

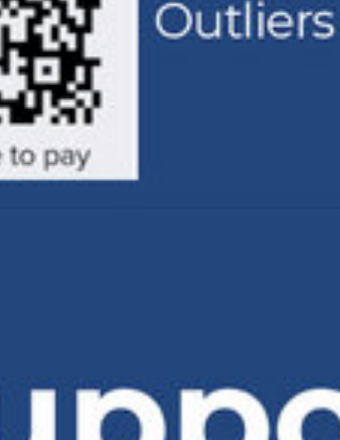
"Education is the great engine of personal development. It is through education that the daughter of a peasant can become a doctor."

Nelson Mandela

The 3 in 5 children stuck in poverty in South Africa need access to quality education to change their stories.

Outliers gives 5000 children hope by providing quality education and holistic care in local communities across Cape Town.

outliers



Quality education



School supplies



Nutritious meals



Holistic care

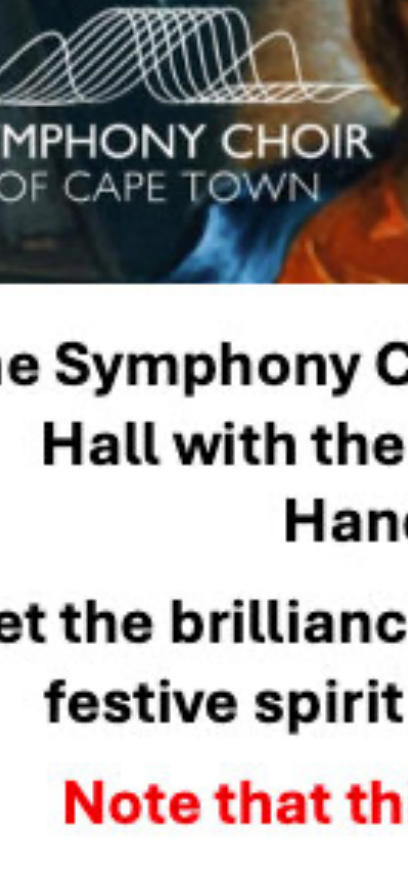
Leave a footprint of hope in South Africa. Join our global village. Donate today.



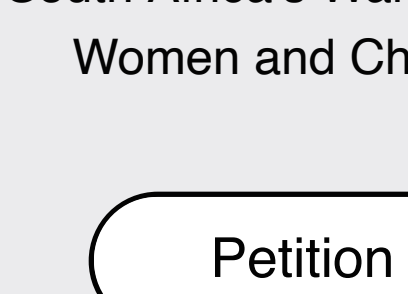
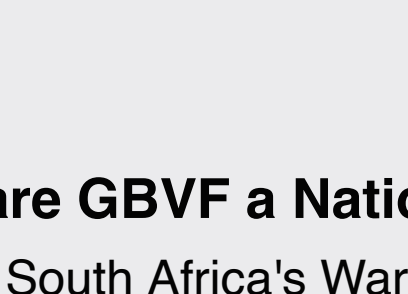
Outliers ABSA Account 9295941038 || Code 632005 || Swift Code ABSAZAJJ
info@outliers.org.za || www.outliers.org.za || PBO 930052553

Support our BACK-TO-SCHOOL stationery drive

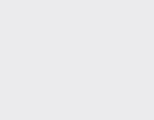
Donate R500 to give a child what they need to go back to school in 2026



Snap here to pay



outliers.org.za



Christmas with Bach

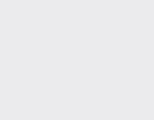
Cape Town City Hall
6 December 2025 at 7 pm
7 December 2025 at 3 pm

The Symphony Choir of Cape Town will fill the Cape Town City Hall with the sounds of Bach's glorious *Magnificat* and Handel's jubilant *Dettingen Te Deum*.

Let the brilliance of these timeless masterpieces ignite your festive spirit and make this a Christmas to remember!

Note that this year there is a performance on Sunday afternoon

Get your tickets now from Quicket. Look for Christmas with Bach

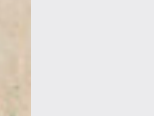


Declare GBVF a National Disaster

South Africa's War Against Women and Children

Petition

WOMEN FOR CHANGE



Wise, Wild, Flying ... Men exploring green growth edges.

RICHARD ROHR
with Joseph Martos

From Wild Man to Wise Man
Reflections on MALE SPIRITUALITY

"A memoir that truly soars."
—People

Reflections on Fear, Trust, and the Joy of Letting Go
Sam Keen

Learning to Fly
By the author of the New York Times bestseller *Fire in the Sky*

Where are men talking together about men's issues and challenges?
Want to join an RUC Men's Group discussion for a few months?

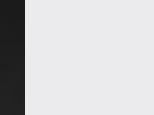
Roy Kempster and Don Shay will facilitate a group based on some readings by Richard Rohr and Sam Keen who were both international leaders in men's work.

We are keen to have younger and older men together sharing their experiences and reflecting.

Starting in February 2026 we will have two sets of 4 weekly meetings with a break in between to connect with a group partner.

Please respond to this email ASAP if you are interested. The group is limited to 8 people.

Warmest, Roy and Don



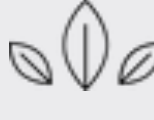
The Artist's Way with Don Shay

Be part of our Artist's Way community (it's for everyone, not just artists!) for twelve 2 hour sessions of intensive experience as we dig deeply into the Artist's Way and the Artist's Way at Work. Past RUC members have appreciated how powerful the community building element of the course was for them.

We will meet Tuesday evenings from 6:30-8:30 in the RUC hall, from 20 January to 21 April (skipping 31 March & 7 April for school holidays). Course fees are whatever you can afford, with a proposed reduced course fee of R2,200 including the book or R1,800 without the book (Kindle version available for USD\$10). Some bursaries are available to cover all or most of the costs. Talk to Robert or Don about bursaries. Download a 4 page course summary at <https://www.artesianlife.org/artists-way> or contact Don for more information at donshay@mweb.co.za or 072 160-0277.

Feel free to invite friends or family.
Warm regards, Don

Integral Life Coach, Artist's Way at Work Facilitator, SoulCollage® Facilitator, CEFE Entrepreneurship Trainer



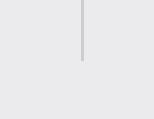
Sermon Discussion Group

Please join us if you enjoy being in conversation with others about Sunday's sermon. Everyone brings their own questions, interests, and stories to the discussion. And together we hope to make meaningful connections to our daily lives.

Every second Tuesday of the month at someone's home.
-Facilitated by Beryl Botman

Every third Sunday of the month after the service in the upstairs room of our church hall.
-Facilitated by Barbara Centurier-Harris.

If you wish to join, please contact Beryl at beryl.botman60@gmail.com



Yoga Classes at RUC

Mondays at 6:30pm in the Church Hall.

Please contact Erika, if you would like to join: lencses.e@gmail.com

HEAR HOLD LOVE ENFOLD

Walter Muloiwa, Zier Roelveld, Kenny Holness, Judy Cooke, Margaret Reid, Roy and Wendy Cheek, Douglas Bax, and Chris Rodseth.

Rondebosch Police Station, SmilingOne, Outliers, U-Turn, "Grow Great" Campaign, Masazane Soup Kitchen, and Thembi's Soup Kitchen.

TABLE OF REMEMBRANCE IN DECEMBER

6th Molly Small; 16th Donald Mills; 23rd Shirley de Kock; 26th Olive Forbes.

HAPPY RETURNS IN DECEMBER

Kindly let us know if your birthday is not listed.

2nd Roxanne Botman; 5th Lance William; 6th Pam Kane-Smith; 8th Khegan Delpoit; 9th Ingrid Matthee and Alex Latimer; 10th Noel Glinenkamp and Eric Godfried; 14th Helen Hutchison; 15th Margaret Reid and Craig Ockhuys; 18th Caitlin Pearce, Honore Nduwimana and Marilyn Njomana; 20th Grace October and Nandi Njomana; 21st Duncan Moore and Wilma Jansen van Vuuren; 22nd Mia Solonen; 23rd Nicky Sasman; 27th Beryl Botman; 28th Patrick Latimer; 29th Susan Segar; 30th James Darkwa, Lauren Pienaar, Heidi Segal, and Gabriel Clark-Brown.

ANNIVERSARIES IN DECEMBER

Please email us, if you would like to add a special anniversary.

10th Jacques and Ingrid Matthee (1983); 16th Ros and James Irlam (1997); 18th Ivan and Nicky Sasman (1999); 21st Roy and Wendy Cheek (1963); 27th Russell Davies and Selina Palm (2003); 28th Peter and Susanne Fox (1974).

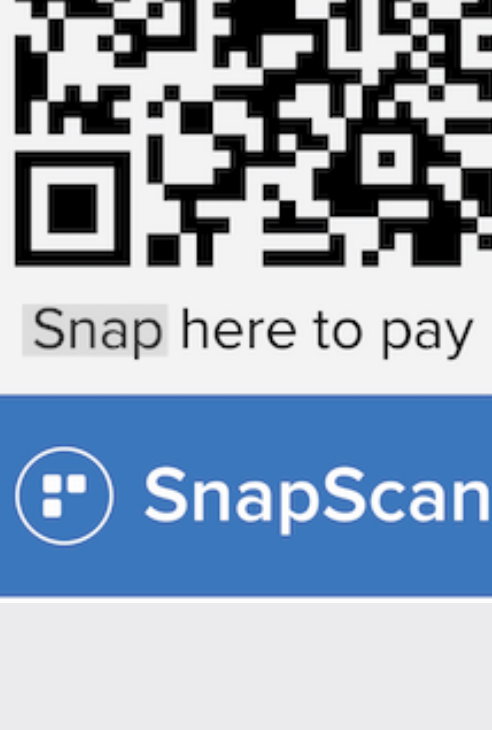
LGBT+ NETWORK AT RUC: IN@RUC
Please go to our website for more information:
<https://www.rondeboschunited.org/lgbt-network-at-ruc>

WEEKLY DISCUSSION GROUPS ON ZOOM
For more information please go to our website:
<https://www.rondeboschunited.org/weekly-bible-studies>

MONTHLY LIESBEEK RIVER CLEAN-UPS
For more information please go to our website:
<https://www.rondeboschunited.org/liesbeek-river-clean-up>

RUC CONTACT DETAILS

Facility Manager: Vulisango Mtshikwana vmtshikwana@gmail.com or 078 290 4305
Church Minister, Website, and Newsletter: Robert Steiner rsteiner@icloud.com or 082 485 9874
Music Director and Organist: Willem Leuning 082 840 0644
Church Emails and Hall Rentals: Kate Laburn Peart kate@rondeboschunited.org
Pledge Scheme Secretary and Databank Administration: Marie Iversen iversenmarie@yahoo.com
Property Steward: Jacques Matthee jacques.matthee51@gmail.com
Treasurer: Jono Child jonochild@gmail.com
Church Council Secretary: Heidi Segal heidisega7@gmail.com
Child Safeguarding Officer: Michelle Kempster michelle@kempster.co.za



Snap here to pay



BANKING DETAILS

Rondebosch United Church
First National Bank
Branch Rondebosch
Branch No: 201 509
Account No: 501 715 56 119
Swift Code: FIRNZAJJ

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Check out our site