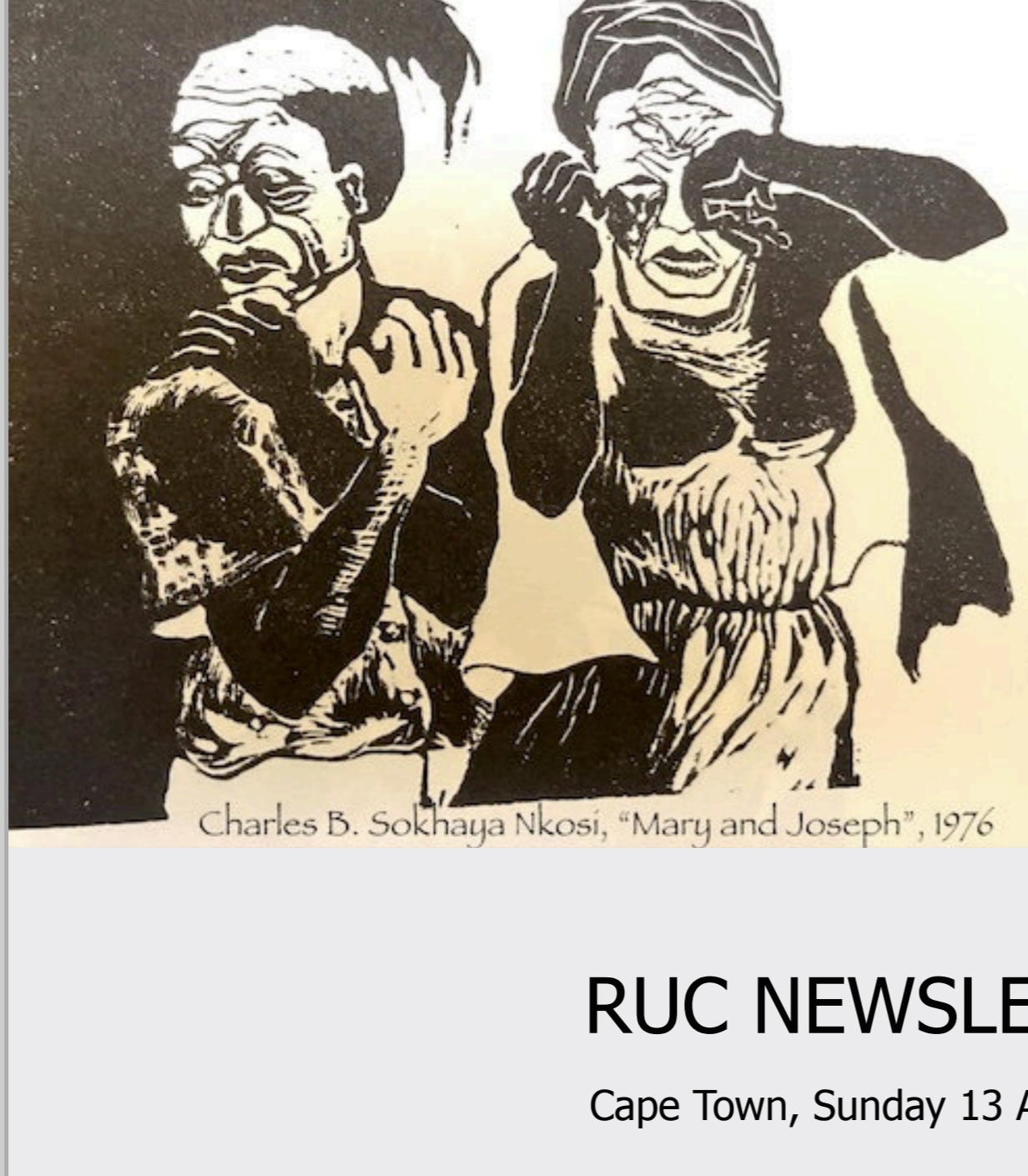


RONDEBOSCH UNITED CHURCH

Creating Circles of Dignity



Charles B. Sokhaya Nkosi, "Mary and Joseph", 1976

Dimensions of Suffering

RUC NEWSLETTER

Cape Town, Sunday 13 April 2025

Palm Sunday Service
9:30am to 10:45am

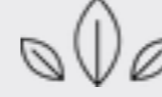
with Holy Circus (Sunday School)

Please diarise:

Good Friday Service 18 April 2025
9:30am to 10:30am

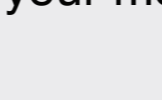
Easter Early Morning Service 20 April 2025
with Holy Communion
8:00am to 8:30am

Easter Service 20 April 2025
9:30am to 10:45am



Please click below for this week's online sermon.

[Dimensions of Suffering](#)



FINANCIAL UPDATE FOR RUC

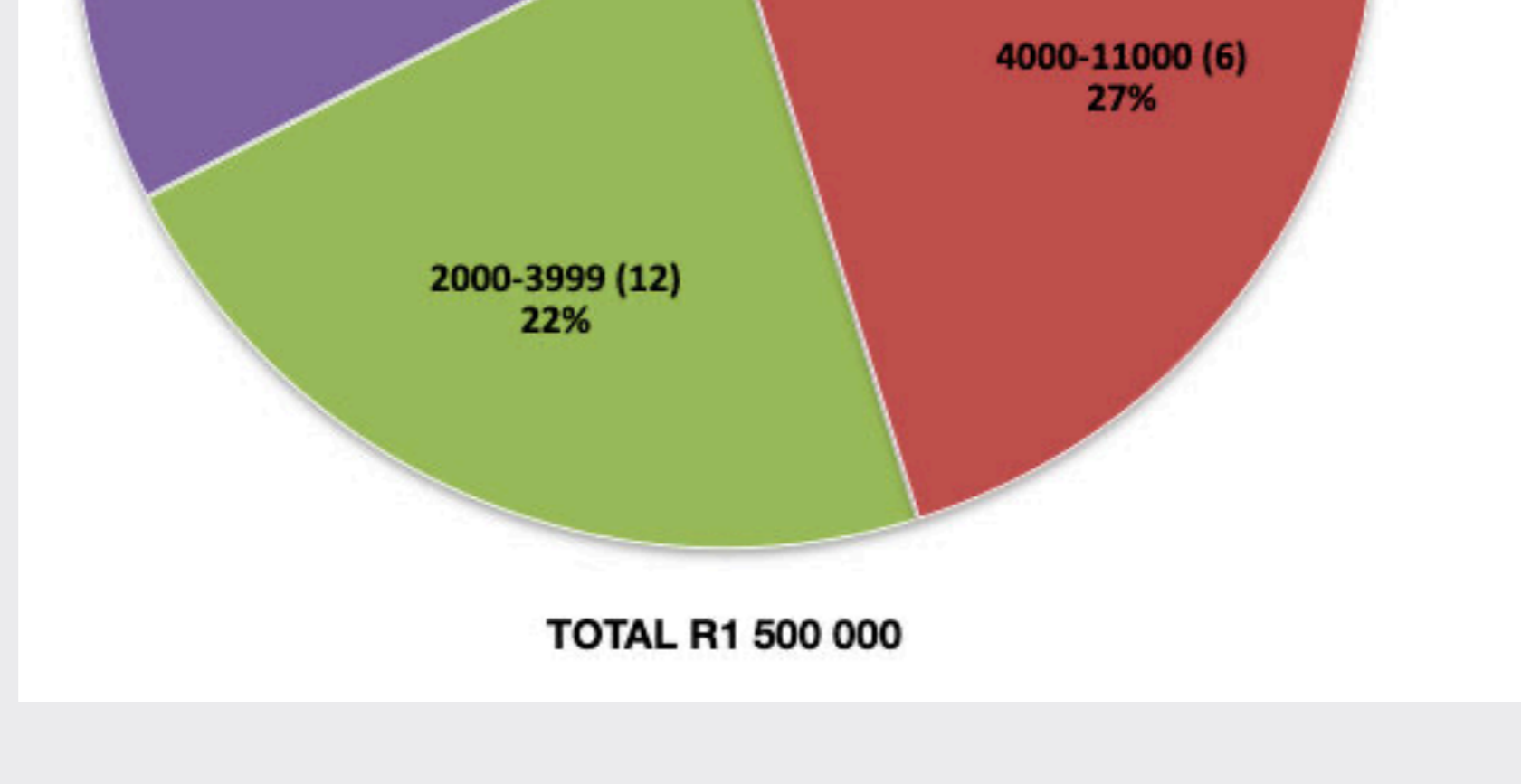
Dear congregation, our pledge secretary Marie Iversen has kindly updated our financial figures. Please note that at the moment 18 individuals/families are covering 49% of our annual pledge income.

We would like to encourage you to consider joining our pledge scheme or prayerfully think about your monthly contribution to RUC.

Please contact Marie Iversen: iversenmarie@yahoo.com to update your pledge or join our pledge scheme.

You are also most welcome to contact Robert should you have any question: rpsteiner@icloud.com

Many thanks for your support!
Your Finance Committee



CARING FOR CARERS

A COLLECTIVE APPROACH TO SELF-CARE

Join us for a discussion on our Masters research project to hear how we co-designed a self-care model with community leaders from Outliers after-school programs.

Wednesday, 23 April 2025
18h00 - 19h00
Rondebosch United Church Hall
5 Gatley Road

RSVP: info@outliers.org.za



THE HUMAN SEXUALITY WORKSHOP

EXPLORING SEXUALITY, SPIRITUALITY & OUR SHARED HUMANITY

Have you ever wondered how your experiences of sex and sexuality connect with your spirituality? Join us for a deeply engaging and compassionate two-day workshop where we will break the silences surrounding human sexuality by exploring the rich tapestry of both **LGBTQIA+** and **heterosexual** experiences in a safe, open, and nurturing environment. This fully sponsored two-day workshop (9am - 4pm), which includes meals and refreshments, welcomes individuals of all sexual orientations, gender identities, and faith backgrounds.

In this welcoming space, you are invited to share as much or as little as you feel comfortable, while also listening to the diverse stories of others. Together, we will reflect, learn, and grow in our understanding, embracing our sexual and gendered selves with authenticity, dignity, and compassion.

Come as you are, and let's embark on a profound journey toward deeper connections with ourselves and one another.

17-18 MAY 2025
9AM - 4PM

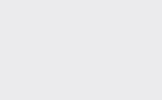
VENUE:
THE COMMONS, MUIZENBERG

Genderworks connect • witness • heal

Supported by **Other** THE OTHER FOUNDATION

For more information contact Laurie at llbgaum@mweb.co.za or 083 456 1986

[Register Here](#)



Sermon Discussion Group

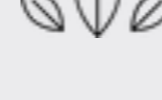
Please join us if you enjoy being in conversation with others about Sunday's sermon.

Everyone brings their own questions, interests, and stories to the discussion. And together we hope to make meaningful connections to our daily lives.

Every second Tuesday of the month at someone's home.
-Facilitated by *Beryl Botman*

Every third Sunday of the month after the service in the upstairs room of our church hall.
-Facilitated by *Barbara Centurier-Harris*.

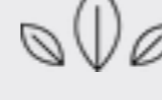
If you wish to join, please contact Beryl at beryl.botman60@gmail.com



Yoga Classes at RUC

Mondays at 6:30pm in the Church Hall.

Weekly sessions have resumed.
Please contact Erika, if you would like to join: lencses.e@gmail.com



HEAR HOLD LOVE ENFOLD

Michelle Kempster, Pat De Jong, Judy Cooke, Nomonde Majija, Margaret Reid, Roy and Wendy Cheek, Douglas Bax, and Chris Rodseth.

Rondebosch Police Station, SmilingOne, Outliers, U-Turn, "Grow Great" Campaign, Masazane Soup Kitchen, and Thembi's Soup Kitchen.

TABLE OF REMEMBRANCE IN APRIL

2nd Heather MacMahon and Stan Mott;
3rd Katherine Dommissie; 4th Ocean Cull; 6th Chris Drummond; 10th Archibald Pickett; 11th Aline Tibbit; 12th Rob Robertson and Gavin Felaar; 13th Suellen Shay; 16th Renee Williamson and Rhoda Kadalie; 19th Lizzane Penney; 20th Robert Hutchison; 24th Taitum Le Roux.



HAPPY RETURNS IN APRIL

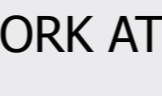
Kindly let us know if your birthday is not listed.

2nd Wendy Hobson; 3rd Johann Maree, Lyn McLennan, Tavis Reid and Earl Williams; 5th Chuck Wanamaker and Jade Collard; 6th Selina Palm and Naledi Godfried; 10th Elizabeth Darkwa and Karen Ordman; 11th Colin de la Harpe, Marion Smallbones, and Mark Simpson; 13th Ruth Scott; 17th Peter Williams; 18th Andrea Harrison; 20th Lola Steiner, Natasha Anders, Madison Oosthuysen; 22nd Emil Krause and Amelie de la Harpe; 23rd Kayleigh Anders and Tessa Harrison; 25th Ian Scott and Jack Adams; 26th Jennifer Roeloveld; 27th Erika Williams and Juan de Koker; 28th Christopher Wanamaker; 29th Ethan Williams; 30th Ethel du Plessis.

ANNIVERSARIES IN APRIL

Please email us, if you would like to add a special anniversary.

1st Farouk and Geraldine McPherson; 23rd Erika Lencses and Ron Samuels; 25th Roy and Michelle Kempster.



LGBT+ NETWORK AT RUC: IN@RUC

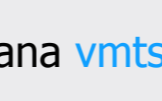
Please go to our website for more information:
<https://www.rondeboschunited.org/lgbt-network-at-ruc>

WEEKLY DISCUSSION GROUPS ON ZOOM

For more information please go to our website:
<https://www.rondeboschunited.org/weekly-bible-studies>

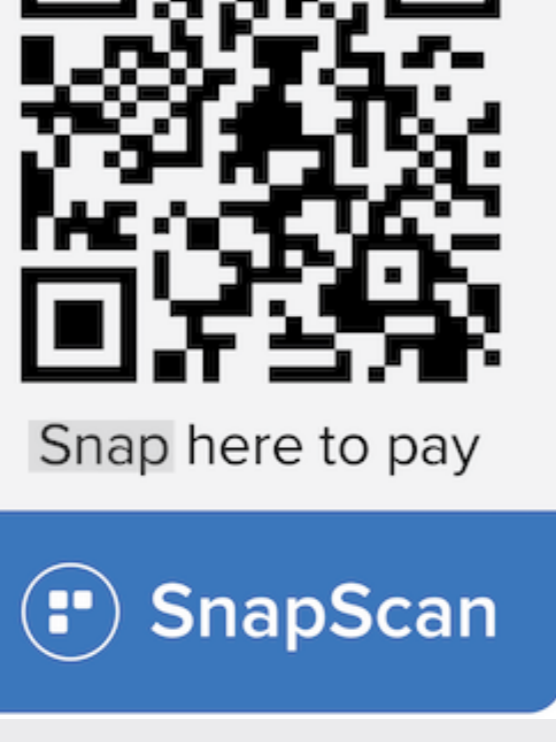
MONTHLY LIESBEEK RIVER CLEAN-UPS

For more information please go to our website:
<https://www.rondeboschunited.org/liesbeek-river-clean-up>



RUC CONTACT DETAILS

Facility Manager: Vulisango Mtshikwana vmtshikwana@gmail.com or 078 290 4305
Church Minister, Website, and Newsletter: Robert Steiner rpsteiner@icloud.com or 082 485 9874
Church Emails and Hall Rentals: Kate Laburn Peart kate@rondeboschunited.org
Pledge Scheme Secretary and Databank Administration: Marie Iversen iversenmarie@yahoo.com
Property Steward: Jacques Matthee jacques.matthee51@gmail.com
Treasurer: Jono Child jonochild@gmail.com
Church Council Secretary: Heidi Segal heidisegal7@gmail.com
Child Safeguarding Officer: Michelle Kempster michelle@kempster.co.za



BANKING DETAILS

Rondebosch United Church
First National Bank
Branch Rondebosch
Branch No: 201 509
Account No: 501 715 56 119
Swift Code: FIRNZAJJ

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Check out our site [→](#)