

# Rondebosch United Church

## Creating Circles of Dignity

OUR INVITATION FOR THE SEASON OF LENT

**WEEK 6 CHALLENGE: Let's increase our awareness  
and raise our voices**

Fasting from Speed (Going Faster) and Scale (Going Bigger)  
Feasting on Attention and Compassion



## CARBON FAST

inspired by the movement "Climate Stewards"

### WEEK 6 CHALLENGE

Welcome to the penultimate week of the Carbon Fast! We hope it is bringing positive changes to your life.

Beginning tomorrow, we will challenge ourselves to learn more about the climate crisis, and to speak up about it. Increasing our knowledge about climate change and what we can do about it equips us for both conversation and action.

Why? Understanding more about climate change gives us the confidence to talk to others about it, and the tools to take action on both a personal and public level. Loving our global neighbours means caring about climate justice; we can play our part in this in our homes, our churches, and beyond.

There are lots of fantastic resources to help us speak up for the climate: head to our [resources page](#) and check out the books, podcasts, documentaries and websites listed there for inspiration and information.

You could also

- Commit to pray daily this week for all of God's creation, including people harmed by environmental injustice.
- Consider [writing to your MP](#) to share your concerns about the climate crisis, or joining a local climate and environment campaign group.
- Help your church get started or achieve a higher level with [EcoChurch](#).

-Climate Stewards

## PRAYER

Gracious God, we ask you to guide us to reliable and trustworthy sources of information as we seek to understand more about climate change, and that the things we learn will inspire us to action. We pray for opportunities to talk with others about the climate crisis and its solutions; may your Holy Spirit fill us with boldness and wisdom to communicate effectively, and so prompt others to get involved in efforts to tackle climate change. Amen.

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